

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES		SABADO	DOMINGO
9:00	CrossFit				CrossFit	9:00		
10:00	CrossFit	CrossFit		CrossFit	CrossFit	10:00	CrossFit	
11:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	11:00	Box Libre	
12:00	Box Libre	Box Libre	Box Libre	Box Libre	Box Libre	12:00		Box Libre
13:00			Gimnásticos			13:00		
14:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	14:00		
15:00	CrossFit	Box Libre	CrossFit	Box Libre	CrossFit	15:00		
16:00	Box Libre		Box Libre		Box Libre	16:00		
17:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	17:00	Gimnásticos	
18:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	18:00	CrossFit	
19:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	19:00		
20:00	CrossFit	CrossFit	CrossFit	CrossFit	Halterofilia	20:00		
21:00	CrossFit	CrossFit	CrossFit	CrossFit		21:00		

No Soy
CrossFit